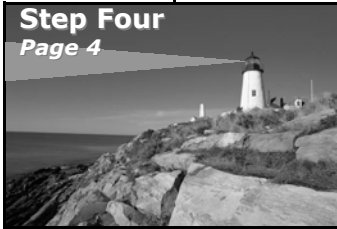


Fellowship-Wide Services *news*

Vol. 18, No. 3 / October 2004

New Board Members

Step Four Page 4



Danielle P., Washington, U.S.A.

Hi, my name is Danielle and I am a gratefully recovering sex and love addict. I am a new member on the Board this year and here are a few details about me.

My sobriety date is November 13th, 1998.

I live in Seattle, Washington, U.S.A., and I am happy to be a part of the fellowship there. When I first came into program, I started doing service immediately, following the directions of my first sponsor (who hailed from a very solid service-oriented background). It is strongly my belief that service is one of the main resources of my sobriety.

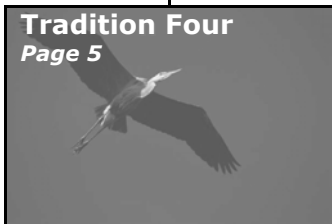
At various times I have been the P.O. Box representative, secretary to many meetings, chair of the Northwest Regional

Retreat committee for 4 years (2 on, 1 off, 2 on), chair of the Northwest Women's Retreat committee, co-chair of a few weekend 'Steps & Traditions' and 'Sponsorship' workshops, phone line volunteer, chip person for home group, Intergroup treasurer, Intergroup secretary, delegate, local Prison Outreach Committee chair, sponsor and sponsee. I have also had the opportunity to serve on the Board Governance & Nominating Committee (BG&NC) as a non-Board member in 2003-2004. This was extremely educational and eye opening: I had no idea that so few did so much for so many.

I have also volunteered at a nearby prison facility, as part of a series of workshops to teach healthy communication skills and

(Continued on page 7)

Tradition Four Page 5



Financial Update Page 14



ABM: New Delegate Perspective

This being my first time as a Delegate and my first time attending the S.L.A.A. Conference, I must say that I was impressed and proud to be part of such a function. I thoroughly enjoyed every minute of my time at the Annual Business Meeting and met some very sober, very kind, and very dedicated people. We were a total of 45 voting members coming from as far away as Italy and Uruguay. It was an honor to meet people who had double digit sobriety who had chosen to not only stay in S.L.A.A., but to be of service on so many levels.

I found it very important that we had a chance to meet the board members and S.L.A.A. staff to hear about their duties and ask them questions in order to better understand what it really takes to keep S.L.A.A. available in so many different areas of the world. Interestingly enough, the focus of this ABM was

(Continued on page 6)

Financial Situation Q & A.

In response to some questions that have been raised in regards to our financial situation, we thought it would be helpful to share some of the answers with S.L.A.A.'s membership.

Q: "What is the exact amount of the budget shortfall at this time?"

A. Last year we projected \$393,417 in revenue based on history and new product available for sale. In June, 2004 we announced our serious financial concerns and had to implement cost cutting measures. It looked like we would not achieve that revenue figure by approximately \$135,000. Since we did reduce expenses and the membership made efforts to send additional 7th Tradition contributions, we managed to end with a shortfall of approximately \$22,345.

Q. "Did this deficit happen last year or has it been several years in the making?"

A. The deficit was several years in the making due to the fact that in 2002-2003 there was an anticipated deficit of \$8,000 as a result of the Annual Business Meeting (ABM). It was expected that ABM expenses would increase that year and the BOT decided not to pass the cost onto the Delegates/groups. In addition, in 2003-2004 with the advent of the relocation decision, it was clear that there would be a deficit of approximately \$10,000. In both cases the BOT chose to approve a budget that showed that deficit and alert the membership of the expected loss in hopes that they would help meet our pending needs. Unfortunately, that entire need was not realized and the modest prudent reserve F.W.S. had managed to create had to be used to make up that difference.

F.W.S.'s financial position has always been precarious. Every year a plea goes out from the office asking for emergency donations due to a fall off in contributions or sales. Most years the Fellowship responds and the crisis passes. This year contributions did not come in strongly. In the BF&OC's view, F.W.S. trimmed expenses as far as it could. The staffing levels at the office are at a minimum. The staff is underpaid and we risk losing some of them. Volunteerism levels are not what we would like them to be which

increases the cost of staff needs.

Q. "Are the deficit increases due to growth in annual operating costs or have the scope of F.W.S. Activities increased?"

A. Every year F.W.S. submits a budget to the Board of Trustees (BOT) for approval. The budget is designed to match revenues and expenses. For the past several years our budgets have increased. These increases were driven by anticipated sales on new literature and increased growth to our group population with an increased demand for F.W.S. services from the Fellowship.

In fiscal year 2003-04 we budgeted another increase based on historical patterns. By early summer it was clear that we would not meet our revenue goals. The bulk of the shortfall was caused by a failure to meet our contribution projections and the lack of sales of some of our new literature (such as *the Journal 3* Volume Book Set and the Basic Text in audio format) where we had forecasted an increase.

Q. "Did the move of the [F.W.S.] office derive from a vote of the Board of Trustees? If so, who made the

(Continued on next page)

F.W.S. News

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The Augustine Fellowship,
Sex & Love Addicts Anonymous,
Fellowship-Wide Services, Inc.*

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(1 issue, 10 copies)

(Financial Situation Q & A, Continued from previous page)

decision to move? Who did the research? Was a financial report compiled prior to the move?"

A. The decision to move the national office was indeed authorized by a vote of the BOT. Prior to the 2003 ABM the Board met in the previous office and determined that the space was inadequate for our purposes. The space was too small for our needs. It had faulty heating and air-conditioning, which made the office uninhabitable some days. The roof leaked on our literature. The landlord was not interested in fixing these ongoing problems. The lease on that office expired in October of 2003. We felt that even if additional space would cost a little more it was a move we needed to make.

One of the Board members, who is a local real estate developer, supported the F.W.S. efforts to locate new facilities. The decision to move was made by the full board on the recommendation of the BF&OC.

Although it is true that some of our problems this year were caused by increased expenses of the office, many of these expenses were associated with modifications to the new space which will not recur in subsequent years. Although the rent for our new location increased from \$1500 to \$2200, we more than doubled our available space and based on the layout of the office, utilities/telecommunications have been reduced by almost 26%, which is significant.

Although there was not a financial report as such prepared, there were various emails, which were circulated between the Board members, on the BF&OC, and the entire Board reviewed the lease before it was signed.

If you have any questions about any of this information, you can contact F.W.S. or any of the BF&OC through the office.

It is great that groups are taking interest in our program and how it functions. It is so important that everyone know how we are all connected.

F.W.S. Office and the Board Finance & Operating Committee (BF&OC)

S.L.A.A.'s Board of Trustees (BOT)

As per the S.L.A.A. Bylaws Article VI: Board of Trustees, Section 3, Duties & Responsibilities:

The Board of Trustees shall act as the guardian of the 12 Steps and 12 Traditions, ensuring that there are no alterations except by action of the Fellowship-Wide Services S.L.A.A. Conference, as set forth in these Articles....The Board of Trustees shall act as spokesperson for the Fellowship in all matters affecting S.L.A.A. as a whole; provide for and supervise publications of the Fellowship; supervise and guide public information and attraction efforts of the Fellowship; provide counsel and guidance to member groups and to new groups; furnish a medium for the interchange of ideas between groups and arrange for the Fellowship-Wide Services S.L.A.A. Conference Annual Meeting.

Board of Trustees 2004-2005

Marcella M., Chair, term expires 2005

Cristina C., term expires 2005

Deborah W., term expires 2005

John C., term expires 2006

Roger R., term expires 2006

Robin S., term expires 2006

Danielle P., term expires 2007

Chris D., term expires 2007

Officers

President: Deborah W.

Treasurer: Roger R.

Clerk: Robin S.

Resident Agent: Valerie Jacoby, Esq.

The following are subcommittees of the BOT performing its duties and responsibilities:

Finance & Operating Committee (BF&OC)

Focuses on the matters of a financial nature of which have potential financial implications and the operations of the Fellowship-Wide Services (F.W.S.) office.

Governance & Nominating Committee (BG&NC)

Focuses on the internal activities and procedures of the BOT to insure its long-term effectiveness.

Public Relations Committee (BPRC)

Focuses on matters relating to oral or written communications emanating from F.W.S.

Step 4.

My struggle with the Fourth Step seems typical. I got into my first sexual recovery program after spending two years getting sober in Alcoholics Anonymous. In those two years I had never really considered doing the Steps. I thought hearing them at each meeting and having some basic understanding of their psychological implications was enough. After all, I read more psychology and theology than anyone I knew.

But I met someone in sexual recovery that changed most of my attitudes. I would call John (not his real name) after each meeting - there were only about five meetings of this program in the area - and vent about the other members. He'd only answer with "What Step you working?" I thought his was odd. Finally, after several weeks of this, John said, "Why don't you take your own inventory rather than everyone else's? We're not here to get insight into other people, we're here to start paying attention to ourselves." I was shocked. At the same time I'd gotten real comfortable confessing all my sexual transgressions and the horrors of past relationships in meetings. At one point John said: "Instead of taking your inventory in public, why don't you start working the Steps?" I actually found this insulting.

But eventually it sunk in and off I went. When I got to Step Four I wrote down every single sexual encounter I could remember and the details of every cheap affair I'd ever had. I thought it was rather insightful. I read it to my A.A. sponsor and he said, essentially, that it was a good First Step for my sex and love addiction but a few things were missing. By then I had found S.L.A.A. and felt I had already done Steps One, Two and Three. I was confused. He said, "After listening to you I'm convinced you're a sex and love addict. But I think you need to fill this out a little. Most addicts live in total dishonesty. We lie, cheat and steal. Our thinking is delusional or we live in denial. Why don't you try to write about the forms of dishonesty you've lived in and what it's cost you?" He also recommended I take a long look at A.A.'s Big Book and Twelve Steps and Twelve Traditions along with S.L.A.A.'s Basic Test to get some ideas. "No two people write inventories the same way. Just say a little prayer and start writing."

"Made a searching and fearless moral inventory of ourselves."

So I began writing about dishonesty. As it turned out I had been misrepresenting myself for so long that I didn't know who I actually was. People were often as confused as I was about my age, gender orientation, occupation, background and education. Apparently I thought I could construct myself - build myself out of thin air. But I found that along the way I had rejected or ignored almost everything that I had or was. This sense of self-estrangement became more apparent the more I wrote.

I saw the pattern. I was drawn to men who had something I wanted. And then become bonded to them by resentment - of their looks, backgrounds, education or talents. I would try to seduce or control them in what looked and felt like love, but was often fear blended with anger. And then I'd end up holding them accountable for the power they had over me. Or I'd become attached to the truly wounded, become a slave to their neediness, then grow angry as I realized they would never be able to take care of me. Anonymous sex was the buffer between chronic emotional pain and me. It was the one tool I had to distract myself from the emptiness and terror I felt inside. The resentment list outlined in A.A.'s Big Book helped me with the growing number of people I once felt betrayed me.

And I wrote down all the little thefts: money, drugs, sex, people's peace of mind, and even their personalities. I also wrote about fear - fear of success, failure, intimacy, isolation, responsibility, commitment, and growing up and growing old. What I wrote became a true inventory. Not only of the patterns and repeated conflicts I'd experienced, but the natural dignity, abilities and capacity for life that I'd rejected in myself. Finally, I felt like I was on my way towards something real in recovery. Thank God for S.L.A.A.

Gratefully,

**Glenn L.
California**

Reprinted from September 2001 F.W.S. Newsletter

Tradition 4.

One night in early sobriety, (actually it was early the next morning) I was having trouble sleeping and I turned on the television. A commercial was being aired for a training program/school. The announcer was saying, "When you begin with us, you start with an empty tool box. During your course you'll receive tools that you'll learn how to use and then you will place them in your toolbox. Eventually, your toolbox will have the tools you'll need to be successful."

When I heard this it reminded me of people sharing in S.L.A.A. meetings about the *"tools of the program."* I knew that I wanted to get those *"tools of the program"* learn how to use them and put them in my *toolbox*.

As a newcomer, I found the S.L.A.A. program has many tools. Having heard that the 12-Traditions *"were for the groups"* I did not believe that I'd find them a helpful tool in my personal growth. After a time in S.L.A.A., I learned that the 12-Traditions

were an important tool for me. The 12-Traditions along with the 12-Steps, slogans, service, sponsorship, literature and regular attendance at meetings, were the *"the tools"* I wanted for my toolbox.

I learned in S.L.A.A. with lots of practicing of the *"the tools"* I'd be able to reap great benefits. For me the greatest benefit is living a sober life - a life I never thought possible.

The Fourth Tradition allows groups the freedom to make decisions related to their group and reminds groups to keep in mind other groups and S.L.A.A. as a whole, when making decisions.

"Each group should be autonomous except in matters affecting other groups or S.L.A.A. as a whole."

Here are a few examples where I believe this tradition was very useful:

- One time a group was considering using non-

(Continued on page 17)

Checklist for Tradition 4.

1. Do I insist that there are only a few *right* ways of doing things in [S.L.]A.A.?
2. Does my group always consider the welfare of the rest of [S.L.]A.A.? Of nearby groups? Of Loners in Alaska? Of Internationalists miles from port? Of a group in Rome or El Salvador?
3. Do I put down other members' behavior when it is different from mine, or do I learn from it?
4. Do I always bear in mind that, to those outsiders who know I am in [S.L.]A.A., I may to some extent represent our entire beloved Fellowship?
5. Am I willing to help a newcomer to go any lengths — his [her] lengths, not mine — to stay sober?
6. Do I share my knowledge of [S.L.]A.A. tools with other members who may not have heard of them?

Reproduced from A.A.'s *Tradition Checklist from the A.A. Grapevine*, published November 1969 through September 1971.

Board of Trustees Minutes Summary.

April 24, 2004

- The mailing date for Board packets was changed from two to three weeks prior to the BOT meeting.
- The content of the letter detailing the BOT's recent action regarding the After Slip Worksheet and its distribution was approved once amended to include the signature of the Chair and all names of BOT members.
- The schedule for the 2004 In-Person BOT Meetings and Annual Self-Assessment was adopted.
- A motion passed to hold the ABC/M (Annual Business Conference/Meeting) and Recovery Convention in San Francisco in 2005 from the dates of July 5-10, 2005.
- It was agreed to ask the Seattle Intergroup if they would be willing to submit another proposal for the 2006 30th Anniversary Recovery Convention and possibly the ABC/M.

June 19, 2004

- The BOT turned the F.W.S. Newsletter completely over to F.W.S. with the understanding that one member of the BOT, specifically of the BPRC (Board Public Relations Committee), would act as liaison to represent the Board's interests, with the express intent that if F.W.S. needs help with the publication that it will seek assistance from the BOT.
- The BOT gratefully accepted the offer from the MRBOTC (Member Relations to the Board of Trustees & F.W.S. Conference Committee) to facilitate the 'Getting to Know the BOT/F.W.S.' session at the ABM and requested the committee to establish a structure for the session and inform the BOT of that structure prior to the event.
- The BOT voted in support of the revenue generating and expense cutting proposal deemed necessary by the Executive Director.

July 11, 2004

- Marcella M. was elected as Chair to the Board of Trustees and Supervisor to the Executive Director.
- BOT committee memberships and liaisons to Conference committees were approved.
- The 2004-2005 BOT meeting schedule was approved.
- A motion passed to approve the 2004-2005 corporate officers and check signers.

(ABM: New Delegate Perspective, Continued from page 1)

accountability. I found the voting process to be fascinating.

I read the entire Service Manual, so I caught on to the voting process very easily. It allowed me to focus on the issues to be voted on and attend every meeting with the exception of one speaker meeting. A few of the issues I voted in favor of were accountability of committees in regards to projects they are working on, adjusting an existing funding process to make it more financially fair for delegates who attend the conference, and a new pamphlet called *Renewal Of Sobriety*.

I have been in S.L.A.A. since 1998 and always wondered how things worked on levels above our local Intergroup. The two things that jumped out at me most were how much work is being done by only a few people willing to be of service on the

committee level, and how much S.L.A.A. is in need of funds on a more consistent basis, an issue I had hoped to learn more about. Because these areas seemed to need so much help I have decided that my goal for the next year will be to try to encourage the Los Angeles S.L.A.A. members to help out on these levels and to collect the \$3,375.00 that we, as delegates, were charged with at this 2004 ABM (see information about the delegate challenge on page 2!). I also accepted the chair position of the Conference Finance Committee.

S.L.A.A. saved my life and I try to give back as much as I can. Being involved at the ABM made me feel like I was making a difference in a much larger way.

**Karma K.
California**

Dear S.L.A.A.

We're introducing a new column in this issue. There are many questions that come to F.W.S. regarding issues many meetings and intergroups are facing. These questions are discussed and the queries are answered with input from the Board Governance and Nominating Committee (BG&NC). In years past the Board Steps & Traditions Committee (BS&TC) handled them. We believe that the topics may be of interest to many meetings and groups and have decided to share some of them with you. Over the next few magazines we would like to present a wide range of topics and issues. It is our hope that the "Dear S.L.A.A." column will help broaden our understanding of the 12 Traditions, and how much they add to our collective wisdom. We welcome your feedback and questions on the topics.

If we let people know about us, isn't it promotion?

Tradition 11 states that our public relations policy is based on attraction rather than promotion. However, it is not always easy to determine what constitutes attraction without promotion. This is especially true considering that each group's primary purpose is to carry the message to the suffering sex and love addict.

Questions about Tradition 11 constantly arise such as: Does placing an ad in a newspaper to inform the local communities of the existence of S.L.A.A. violate Tradition 11? What about sending letters to the local medical, psychiatric, or therapeutic communities? Or having a garage or

tag sale to raise money for the local Intergroup or F.W.S.? What other ways can groups attract members without promoting S.L.A.A.?

The wording of Tradition 11 itself provides some guidance. Because of its focus on personal anonymity at the level of various "public media," it is clear that anyone promoting S.L.A.A. to the media, without maintaining his or her anonymity, is violating the Tradition. On the other hand, it is equally clear that there is no violation when one member informs a potential member about our program. Therefore, attraction, without promotion, must fall somewhere between these two forms of outreach.

(Continued on next page)

(New Board Members, Continued from page 1)

non-violent methods for solving problems, and I have organized peaceful international protests.

At present time, I serve as president on the board of my own company. I have fiscal, organizational, and public relations experience.

Beyond these qualifications, I believe that what I bring to the Board is a simple willingness to serve the needs of the Fellowship. I try to live my life according to the Traditions, especially placing principles before personalities and remembering that I am but a trusted servant in all that I do.

The most powerful lesson for me has been the lesson of letting go of attachment to control: control over what others think, feel, say or do; control over how I 'look' from the outside; and most importantly, control over the outcome. That's living life on life's terms!

I hope to bring to the table an open ear. I hope to help the fellowship grow into the 21st Century, resolving

some of our fiscal woes as well as addressing the growing needs of our expanding fellowship. And most of all, I hope to serve all of us to the best of my ability according to my personal motto: "Show up, pay attention, do my best, and let go."

Thank you for this opportunity to serve.

Christopher D., California, U.S.A.

My first S.L.A.A. meeting was in Northampton, Massachusetts, in June 1991. Withdrawal for me had started the prior month and I was not optimistic that the program was going to help me feel better. However, by that time, I was sober in A.A. for several years, so I had some understanding of recovery. On the other hand, it was very difficult to be a newcomer in a different fellowship! I had never felt as hopeless in my life and S.L.A.A. was my only option.

I was too sick to work that summer, but I was able to attend many meetings. Withdrawal ended in December of that year and I finally believed that I was going to survive. Even earlier, members of the

(Continued on page 19)

(Dear S.L.A.A., Continued from previous page)

Unfortunately, potential members cannot be attracted to S.L.A.A. if they don't even know it exists. In other words, if S.L.A.A. does not make its existence known to the local community, potential members do not have the opportunity to be attracted to the program. This must mean that some types of information dissemination are allowed. The "long form" of A.A.'s 11th Tradition (from which our Tradition 11 was derived) supports this idea. It says: "We think A.A. ought to avoid sensational advertising."* Thus, A.A.'s Tradition 11 does not prohibit all advertising - only "sensational" advertising is to be avoided.

An example of advertising that complies with Tradition 11 is to place an information ad in the local newspaper. One such ad gives the Intergroup's telephone number and post office box and may simply say: "Sex and/or relationship problems? Out of control? You are not alone. Call Sex and Love Addicts Anonymous, a 12-Step fellowship." With very few words, this ad explains the program's substance, carries the message, and informs those interested in the resource. In sum, this ad attracts by providing basic information on the existence of the fellowship, without breaking any member's anonymity and/or promoting the fellowship based on the identity of its members.

The decision whether or not to publicize specific meeting information is left to the individual groups/Intergroup in keeping with Tradition 4 — each group should be autonomous except in matters affecting other groups or S.L.A.A. as a whole. Accordingly, the S.L.A.A. web site (www.slaafws.org) does not list individual meetings. However, jump sites are provided to various Intergroups, and some of those provide specific meeting information based on group conscience.

Another example of attracting without promoting is sending letters to the local medical community informing them of S.L.A.A. There are several ways to obtain lists of local medical doctors, psychiatrists, therapists, etc. The letter may be in the form of a brief summary of the program's preamble, a pamphlet, a way to contact the local

Intergroup, and/or perhaps a schedule of local meetings. With this information, professionals who are attempting to help someone in need of S.L.A.A. can make a referral. This same process would work for a community resource telephone office.

Concerns have also arisen about whether having a garage or tag sale, or some other type of fundraiser, to benefit the local Intergroup or for F.W.S., promotes S.L.A.A. If the sale's goal is to raise money for S.L.A.A. instead of promoting the program, then this type of sale does not, by itself, violate Tradition 11. Of course, if the sale attracts the media, then S.L.A.A. members need to maintain their personal anonymity.

There are several additional ways to attract the suffering sex and love addict without violating Tradition 11. The first would be to list the Intergroup's telephone number in the telephone book. Another is to ensure that every public library has a copy of our *The S.L.A.A. Basic Text*. Also, because many of us have multiple addictions, our Basic Text could be offered to treatment centers, in addition to our pamphlets. More helpful yet would be to contact treatment centers to let them know how to reach a local S.L.A.A. member when one of their patients needs a 12-Step call.

In summary, Tradition 11's policy is attraction without promotion. However, attraction is not limited to one person telling another about S.L.A.A. Attraction includes informing the public about our program in ways that can reach the suffering sex and love addict, short of breaking our personal anonymity at the level of public media and sensational advertising. The more effectively we can attract members, the greater the chance that the new member will be able to attain sanity and a spiritual awakening as a result of the 12 Steps.

In Service,

The Board Governance & Nominating Committee (BG&NC)

**A.A. Twelve Steps and Twelve Traditions Page 192. Copyright © 1952, 1953, 1981 by The A.A. Grapevine, Inc., and Alcoholics Anonymous World Services, Inc.*

Contribution Summary. (June-Sept., 2004)

Name/Group	State/Country	Amount	Reason	Name/Group	State/Country	Amount	Reason
MOBILE TUE DISCOVERY	AL	80.00	cont regular grp	RANDY N.	CA	0.15	cont Round-Up
ROBERTSDALE FRI DISCOVERY	AL	0.31	cont \$ leftover	ROBIN S.--ABM Auction	CA	95.00	04 ABM
LARRY A.--ABM Auction	AR	230.05	04 ABM	ROGER R.--ABM Auction	CA	540.00	04 ABM
CENTRAL ARIZONA INTERGROUP	AZ	5.00	cont regular grp	SACRAMENTO AREA INTERGROUP	CA	128.34	cont regular grp
NORTHWEST PHOENIX INTERGROUP	AZ	25.00	cont regular grp	SACRAMENTO AREA INTERGROUP	CA	0.27	cont Round-Up
PRESCOTT FRI	AZ	13.56	cont regular grp	SALINAS THU OPEN	CA	65.00	cont regular grp
PRESCOTT MON	AZ	23.74	cont regular grp	SAM A.--MRC Reimbursement	CA	50.00	cont regular indiv
RICK R.	AZ	5.00	cont regular indiv	SAN DIEGO SUN STEP STUDY/GETTING CURRENT	CA	40.00	cont regular grp
TUCSON AREA INTERGROUP	AZ	113.75	cont regular grp	SAN DIEGO THU DISCUSSION	CA	164.00	cont regular grp
TUCSON AREA INTERGROUP	AZ	181.00	cont regular grp	SAN DIEGO THU DISCUSSION	CA	167.00	cont regular grp
TUCSON AREA INTERGROUP	AZ	200.00	cont regular grp	SAN FRANCISCO MON BUILDING PARTNERSHIPS	CA	124.68	cont regular grp
TUCSON SUN ITS IN THE BOOK	AZ	28.00	cont regular grp	SAN FRANCISCO SAT CANDLELIGHT STEP STUDY	CA	25.00	cont regular grp
TUCSON TUE MEN'S DISCUSSION--In Gratitude	AZ	10.00	cont regular grp	SAN FRANCISCO SAT UPTOWN SPKR/GET CURRENT	CA	171.75	cont regular grp
ANNA M.	CA	100.00	cont regular indiv	SAN FRANCISCO SUN	CA	75.00	cont regular grp
ANONYMOUS	CA	900.00	04 ABM	SAN FRANCISCO THU FOCUS ON ANOREXIA	CA	40.00	cont regular grp
ANONYMOUS	CA	10.00	cont regular indiv	SAN FRANCISCO THU FOCUS ON ANOREXIA	CA	40.00	cont regular grp
BAKERSFIELD MON	CA	32.00	cont regular grp	SAN FRANCISCO THU TOOLS, STEP STUDY & MEDITATION	CA	30.00	cont regular grp
BERKELEY FRI APPLYING THE PRINCIPLES	CA	80.00	cont regular grp	SAN FRANCISCO WED FOCUS ON THE FIRST STEP	CA	18.00	cont regular grp
BERKELEY SAT IN THE SOLUTION BIG BOOK	CA	90.00	cont regular grp	SAN FRANCISCO WED FOCUS ON WITHDRAWAL	CA	8.00	cont regular grp
BERKELEY TUE MEN'S COMMITMENT TO RECOVERY	CA	189.00	cont regular grp	SAN FRANCISCO/EAST BAY INTERGROUP	CA	50.00	cont regular grp
CHARLES K.--In gratitude	CA	50.00	cont regular indiv	SAN FRANCISCO/EAST BAY INTERGROUP	CA	202.84	cont regular grp
CYNTHIA P.	CA	100.00	cont regular indiv	SAN LUIS OBISPO SAT	CA	10.00	cont regular grp
DIANE C.	CA	20.00	cont regular indiv	SAN RAFAEL THU SEXUAL/SOCIAL/EMOTIONAL AVOIDANCE	CA	36.72	cont regular grp
DON M.	CA	19.80	cont regular indiv	SAN RAFAEL/TERRA LINDA SAT ANOREXIA/WRITING	CA	72.00	cont regular grp
EAST HOLLYWOOD TUE SPEAKER	CA	48.97	cont regular grp	SAN RAFAEL/TERRA LINDA SUN WOMEN'S SPEAKER	CA	60.00	cont regular grp
EAST HOLLYWOOD TUE SPEAKER	CA	62.82	cont regular grp	GETTING CURRENT	CA	60.00	cont regular grp
ELIZABETH B.	CA	80.00	cont regular indiv	SAN RAFAEL/TERRA LINDA WED WOW (WOMEN ON WEDNESDAYS)	CA	155.00	cont regular grp
ENCINITAS FRI	CA	100.00	cont regular grp	SANTA CRUZ MON MEN'S FREEDOM	CA	19.59	cont fin. crisis
ENCINITAS MON STEP STUDY/GETTING CURRENT	CA	50.00	cont regular grp	SANTA CRUZ MON MEN'S FREEDOM	CA	18.00	cont regular grp
ENCINITAS MON STEP STUDY/GETTING CURRENT	CA	50.00	cont regular grp	SANTA CRUZ MON MEN'S FREEDOM	CA	20.00	cont regular grp
ENCINITAS SAT SLAA BOOK/DISCUSSION	CA	60.00	cont regular grp	SANTA ROSA WED MEN'S STEP STUDY	CA	300.00	cont regular grp
ENCINITAS WED STEP STUDY/GETTING CURRENT	CA	50.00	cont regular grp	SONORA TUE	CA	0.60	cont \$ leftover
FORT BRAGG THU SLAA	CA	25.04	cont regular grp	SONORA TUE - For the marriage of Rob & Allv June 19th	CA	25.00	cont In memoriam
GAELN S.	CA	7.64	cont regular indiv	STEVE H.	CA	5.00	cont regular indiv
GAELN S.R.--CCC Reimbursement	CA	100.00	cont regular indiv	WALNUT CREEK MON	CA	160.00	cont regular grp
GAELN SR.--ABM Auction	CA	265.00	04 ABM	WEST HOLLYWOOD TUE KEEPING CURRENT	CA	106.06	cont regular grp
HOLLYWOOD SUN FOCUS ON SPIRITUALITY	CA	47.50	cont regular grp	WEST HOLLYWOOD TUE KEEPING CURRENT	CA	230.00	cont regular grp
HOLLYWOOD SUN FOCUS ON SPIRITUALITY	CA	55.56	cont regular grp	WESTMINSTER MON NOT ALONE-NEWCOMERS	CA	40.00	cont regular grp
HOLLYWOOD SUN FOCUS ON SPIRITUALITY	CA	76.00	cont regular grp	WESTMINSTER MON NOT ALONE-NEWCOMERS	CA	94.00	cont regular grp
HOLLYWOOD SUN FOCUS ON SPIRITUALITY	CA	78.00	cont regular grp	HALIFAX, NOVA SCOTIA WED PIONEER GROUP	CANADA	14.77	cont regular grp
HOLLYWOOD SUN FOCUS ON SPIRITUALITY	CA	78.25	cont regular grp	KINGSTONNADA TUE COURAGE TO FACE IT	CANADA	50.00	cont regular grp
HOLLYWOOD SUN FOCUS ON SPIRITUALITY	CA	102.94	cont regular grp	MONTREAL MON THE INTIMACY FACTOR	CANADA	20.00	cont regular grp
IRVINE SUN	CA	92.00	cont regular grp	MONTREAL TUE NOON HOPE AND RECOVERY	CANADA	10.00	cont regular grp
IRVINE SUN BEGINNERS MIXED	CA	35.00	cont regular grp	MONTREAL TUE NOON HOPE AND RECOVERY	CANADA	20.00	cont regular grp
J. R.	CA	32.00	cont regular indiv	TORONTO, ONTARIO INTERGROUP	CANADA	350.00	cont fin. crisis
JAMES M.	CA	100.00	cont regular indiv	VICTORIA, BRITISH COLUMBIA	CANADA	0.05	cont \$ leftover
JIM D.--ABM Auction	CA	71.00	04 ABM	VICTORIA, BRITISH COLUMBIA	CANADA	0.80	cont \$ leftover
JOE W.	CA	0.10	cont \$ leftover	VICTORIA, BRITISH COLUMBIA TUE	CANADA	33.40	cont regular grp
JUDITH W.	CA	90.00	cont regular indiv	BART C.	CO	0.60	cont \$ leftover
KARMA K.--ABM Auction	CA	5.00	04 ABM	BRUCE B.--ABM Auction	CO	20.00	04 ABM
LONG BEACH THU	CA	65.00	cont regular grp	COLORADO SPRINGS WED & FRI PIKES PEAK	CO	0.50	cont \$ leftover
LOS ANGELES INTERGROUP	CA	83.82	cont regular grp	COLORADO SPRINGS WED & FRI PIKES PEAK	CO	20.00	cont regular grp
LOS ANGELES INTERGROUP	CA	176.50	cont regular grp	DENVER CO MON SOBER SURFERS	CO	6.00	cont regular grp
LOS ANGELES INTERGROUP	CA	205.79	cont regular grp	DENVER WED	CO	173.27	cont regular grp
MARCELLA M.--ABM Auction	CA	11.00	04 ABM	DURANGO THU	CO	16.40	cont regular grp
MARIN COUNTY INTERGROUP	CA	300.00	cont fin. crisis	GREELEY SUN	CO	16.40	cont regular indiv
MARIN COUNTY THU WOMEN'S	CA	32.00	cont regular grp	GREGORY G.	CO	5.00	cont regular indiv
MARJORIE H.	CA	100.00	cont regular indiv	GREGORY G.	CO	5.00	cont regular indiv
MONTEREY FRI CANDLELIGHT OPEN	CA	50.00	cont regular grp	GREGORY G.	CO	5.00	cont regular indiv
MONTEREY INTERGROUP	CA	250.00	cont fin. crisis	LAURA K.	CO	20.28	cont regular indiv
MONTEREY MON WOMEN'S STAG	CA	46.00	cont regular grp	SARA R.	CO	0.26	cont \$ leftover
MONTEREY SAT	CA	50.00	cont fin. crisis	SARA R.	CO	0.41	cont \$ leftover
NEWBURYPORT SAT CHANGING TIDE	CA	36.00	cont regular grp	BRIDGEPORT TUE STEP MEETING	CT	80.00	cont regular grp
NKECHI E.	CA	0.64	cont \$ leftover	CONNECTICUT INTERGROUP	CT	4.20	cont \$ leftover
OAKLAND SUN OLDTIMERS	CA	96.80	cont regular grp	FAIRFIELD SUN REACHING OUT ANOREXIA	CT	60.00	cont regular grp
ORANGE COUNTY INTERGROUP	CA	100.00	cont regular grp	HARTFORD MON TOPIC & DISCUSSION	CT	60.00	cont regular grp
PALO ALTO MON STEP/GETTING CURRENT	CA	50.00	cont regular grp	HARTFORD SAT LOOKING INWARD	CT	40.00	cont regular grp
PALO ALTO TUE MEN'S	CA	100.00	cont regular indiv	HARTFORD SAT LOOKING INWARD	CT	40.00	cont regular grp
PAUL A.	CA	100.00	cont regular indiv	HARTFORD SUN GOLF HOUSE STEP-UP	CT	10.00	cont regular grp
PAULA B.	CA	2.00	cont regular indiv	HARTFORD THU STEP INTO THE LIGHT	CT	12.00	cont regular grp
PAULA B.	CA	15.00	cont regular indiv				

When making contributions, please be sure to clearly mark how you would like them attributed. If your contribution is not listed or has been misattributed, please let us know so that it can be corrected!

Contribution Summary. (June-Sept., 2004) *continued*

Name/Group	State/Country	Amount	Reason	Name/Group	State/Country	Amount	Reason
HARTFORD WED BEGINNERS	CT	98.80	cont regular grp	ANONYMOUS	MA	5.00	cont fin. crisis
IRV B.--ABM Auction	CT	120.00	04 ABM	ANONYMOUS	MA	10.00	cont fin. crisis
NEW HAVEN FRI HONEST, OPEN, & WILLING	CT	64.00	cont regular grp	ANONYMOUS	MA	17.00	cont fin. crisis
VICTOR V.	CT	60.00	cont regular indiv	ANONYMOUS	MA	18.00	cont fin. crisis
WESTPORT SAT THE RECOVERY BUS	CT	70.00	cont regular grp	ANONYMOUS	MA	20.00	cont fin. crisis
WESTPORT SAT THE RECOVERY BUS	CT	140.00	cont regular grp	ANONYMOUS	MA	20.00	cont fin. crisis
WESTVILLE THU UNITED IN SOBRIETY	CT	20.00	cont regular grp	ANONYMOUS	MA	20.00	cont fin. crisis
WILLIMANTIC MON EASTERN CT	CT	115.00	cont regular grp	ANONYMOUS	MA	29.00	cont fin. crisis
SHERRY K.	DC	34.25	cont regular indiv	ANONYMOUS	MA	50.00	cont fin. crisis
BARBARA L.--MRC Reimbursement	FL	100.00	cont regular indiv	ANONYMOUS	MA	100.00	cont fin. crisis
CINDY M.--ABM Auction	FL	12.00	04 ABM	ANONYMOUS	MA	4.75	cont regular indiv
ED N.	FL	20.00	cont regular indiv	ANONYMOUS	MA	27.00	cont regular indiv
EDNA R.	FL	10.00	cont regular indiv	BEVERLY S.	MA	25.00	cont fin. crisis
EDNA R.	FL	10.00	cont regular indiv	BOSTON WED SOS (SHARING OUR STRENGTH) MEN'S	MA	55.00	cont regular grp
EDWARD D.	FL	20.00	cont regular indiv	BOSTON WED SOS (SHARING OUR STRENGTH) MEN'S	MA	63.40	cont regular grp
FT. MEYERS FRI & TUE	FL	17.00	cont regular grp	BOSTON WED SOS (SHARING OUR STRENGTH) MEN'S	MA	74.80	cont regular grp
GERALD S.	FL	20.00	cont regular indiv	BOSTON WED SOS (SHARING OUR STRENGTH) MEN'S	MA	80.00	cont regular grp
JACK S.--In Memory of Dave K.	FL	67.77	cont In Memoriam	BOSTON WED SOS (SHARING OUR STRENGTH) MEN'S	MA	292.50	cont regular grp
JAMES H.	FL	30.00	cont regular indiv	BOSTON WED SOS MEN'S BEGINNER'S	MA	53.60	cont regular grp
JEFF A.	FL	0.02	cont \$ leftover	BROOKE H.--ABM Auction	MA	25.00	04 ABM
LANTANA MON BY THE BOOK	FL	42.53	cont regular grp	BROOKLINE SAT TOPICS IN RECOVERY/BEYOND 1 YEAR	MA	11.13	cont regular grp
LANTANA MON BY THE BOOK	FL	49.20	cont regular grp	BROOKLINE SAT TOPICS IN RECOVERY/BEYOND 1 YEAR	MA	19.00	cont regular grp
LANTANA MON BY THE BOOK	FL	66.24	cont regular grp	BULK MAILING RAFFLE	MA	32.00	cont regular grp
LANTANA MON BY THE BOOK	FL	73.60	cont regular grp	CAMBRIDGE MON MEN'S STEP	MA	40.86	cont regular grp
LANTANA SAT FROM THE HEART	FL	31.00	cont regular grp	CHRISTIAN N.--ABM Auction	MA	54.00	04 ABM
LANTANA SAT FROM THE HEART	FL	38.00	cont regular grp	CURTIS B.--In Gratitude for 1 year of Sobriety	MA	500.00	cont gratitude
LANTANA SUN KEEP IT SIMPLE STEP	FL	117.00	cont regular grp	DAVE M.	MA	0.35	cont \$ leftover
LANTANA THU WOMEN'S HEALING	FL	20.00	cont regular grp	DAVID B.	MA	300.00	cont regular indiv
LANTANA THU WOMEN'S HEALING	FL	20.00	cont regular grp	DAVID M.--ABM Auction	MA	40.00	04 ABM
MIAMI WED GROVE RECOVERY GRP	FL	43.80	cont regular grp	DEBBIE F.	MA	20.00	cont fin. crisis
ROB K.--ABM Auction	FL	45.00	04 ABM	DEBBIE--ABM Auction	MA	25.00	04 ABM
SARASOTA MON	FL	150.00	cont regular grp	DOUGLAS T.	MA	250.00	cont regular indiv
SARASOTA THU STEP STUDY	FL	100.00	cont regular grp	GREENFIELD SUN MEN'S	MA	75.00	cont regular grp
TAMPA BAY INTERGROUP--In Memory of Dave K.	FL	45.00	cont In Memoriam	JAMAICA PLAIN SUN ANOREXIA	MA	19.20	cont regular grp
TAMPA BAY INTERGROUP--In Memory of Dave K.	FL	180.00	cont In Memoriam	JAMES G.	MA	100.00	cont regular indiv
ATLANTA SAT	GA	82.88	cont regular grp	JEFFREY B.	MA	100.00	cont regular indiv
ATLANTA, GA MON NOON ACT WITH COURAGE	GA	90.00	cont regular grp	JENNY R.W.--ABM Auction	MA	102.00	04 ABM
ATLANTA/BUCKHEAD TUE MEN'S	GA	60.00	cont regular grp	JOHN M.	MA	100.00	cont regular indiv
SANDY SPRINGS MON & THU	GA	50.00	cont regular grp	JONATHAN B.--Grateful support of F.W.S., Thanks!	MA	200.00	cont gratitude
HAWAII INTERGROUP	HI	185.00	cont regular grp	KENN C.--ABM Auction	MA	96.00	04 ABM
JUDITH P.	HI	10.54	cont regular indiv	KERRY	MA	50.00	cont fin. crisis
AMES MON	IA	50.00	cont regular grp	LARRY W.	MA	50.00	cont regular indiv
CHICAGO SAT RISE & SHINE	IL	51.20	cont regular grp	LISA P.	MA	1.50	cont regular indiv
CHRIS N.	IL	20.00	cont regular indiv	LISA P.	MA	100.00	cont fin. crisis
CHUCK T.	IL	30.00	cont regular indiv	LISA P.--ABM Auction	MA	6.00	04 ABM
INVERNESS TUE	IL	80.00	cont regular grp	LIZ	MA	20.00	cont fin. crisis
JOHN S.	IL	115.00	cont regular indiv	LORI	MA	36.00	cont fin. crisis
JOHN S.	IL	200.00	cont regular indiv	MARK S.	MA	50.00	cont regular indiv
M. R.	IL	50.00	cont regular indiv	MARTIN B.	MA	300.00	cont regular indiv
PARK RIDGE MON EARLYBIRD	IL	100.00	cont regular grp	MIKE M.	MA	40.00	cont fin. crisis
PATRICIA R.	IL	0.45	cont \$ leftover	NEW ENGLAND INTERGROUP	MA	50.00	cont regular grp
RICHARD D.--ABM Auction	IL	320.00	04 ABM	NEW ENGLAND INTERGROUP	MA	50.00	cont regular grp
RON S.	IL	0.25	cont \$ leftover	NEW ENGLAND INTERGROUP	MA	50.00	cont regular grp
STACEY R.	IL	20.00	cont regular indiv	NEW ENGLAND INTERGROUP	MA	100.00	cont regular grp
TINLEY PARK SAT	IL	100.00	cont regular grp	NEW ENGLAND INTERGROUP--POC Reimbursement for Adopt A Committee	MA	19.40	cont regular grp
TOM Y.	IL	6.90	cont gratitude	NEW ENGLAND INTERGROUP--Room use donation.	MA	20.00	cont regular grp
CARMEL THU	IN	23.55	cont regular grp	NEW ENGLAND INTERGROUP--Room use donation.	MA	20.00	cont regular grp
DUBLIN GROUP	IRELAND	120.00	cont fin. crisis	NEW ENGLAND INTERGROUP--Room use donation.	MA	20.00	cont regular grp
NEWBRIDGE, COUNTY KILDARE MON	IRELAND	424.31	cont fin. crisis	NEW ENGLAND INTERGROUP--Room use donation.	MA	20.00	cont regular grp
CRISTINA C.--ABM Auction	ITALY	5.00	04 ABM	NEWBURYPORT SAT	MA	0.25	cont \$ leftover
FLAVIA D.--ABM Auction	ITALY	20.00	04 ABM	NEWBURYPORT SAT CHANGING TIDE	MA	35.00	cont regular grp
MAURA	ITALY	44.13	cont regular indiv	NEWBURYPORT SAT CHANGING TIDES	MA	55.00	cont regular grp
SARAH W.	JAPAN	9.77	cont regular indiv	NEWTON CORNER TUE FUNDAMENTALS	MA	145.00	cont regular grp
G.A.L.S. OF OVERLAND PARK WOMEN'S	KS	125.00	cont regular grp	NEWTON MON PARTNERSHIPS IN RECOVERY	MA	28.00	cont regular grp
BELLEVUE/CINCINNATI SAT MEN'S	KY	132.00	cont regular grp	NEWTON MON PARTNERSHIPS IN RECOVERY	MA	100.00	cont regular grp
ALY D.--MRC Reimbursement	MA	100.00	cont regular indiv	NEWTON SUN MEN'S TRUE GRIT	MA	250.00	cont regular grp
ANN K.--ABM Auction	MA	45.00	04 ABM	NEWTON TUE & FRI NOON GETTING CURRENT	MA	65.00	cont fin. crisis
ANONYMOUS	MA	0.05	cont \$ leftover	NEWTON WED MAINLY FOR LOVE ADDICTS	MA	100.00	cont regular grp
ANONYMOUS	MA	5.00	cont fin. crisis	NORTHAMPTON SUN ANOREXIA	MA	8.00	cont regular grp
ANONYMOUS	MA	5.00	cont fin. crisis	NORTHAMPTON THU MEN'S	MA	61.00	cont regular grp
ANONYMOUS	MA	5.00	cont fin. crisis	NORTHAMPTON TUE	MA	50.00	cont regular grp

Fellowship-Wide Services says Thank You!

Contribution Summary. (June-Sept., 2004) *continued*

Name/Group	State/Country	Amount	Reason	Name/Group	State/Country	Amount	Reason
PATRICIA S.	MA	10.00	cont regular	STRATFORD FRI FELLOWSHIP	NJ	27.00	cont regular grp
PHILIPPE P.	MA	2,000.00	cont regular	TRENTON SUN	NJ	90.00	cont regular grp
PITTSBURGH FRI COURAGE TO RECOVER	MA	10.00	cont regular grp	ALBUQUERQUE TUE TOOLS OF RECOVERY	NM	50.00	cont regular grp
PITTSFIELD MON	MA	15.00	cont regular grp	STEVE W.	NM	30.00	cont regular indiv
PITTSFIELD MON	MA	30.00	cont regular grp	MAJORSTUA TUE	NORWAY	70.00	cont regular grp
PITTSFIELD MON	MA	40.00	cont regular grp	LAS VEGAS TUE	NV	18.00	cont regular grp
RICK	MA	0.75	cont regular	ALBANY FRI SERENITY GRP	NY	10.26	cont regular grp
ROBERT M.	MA	1,000.00	cont regular	ALBANY FRI SERENITY GRP	NY	32.56	cont regular grp
RON P.	MA	0.05	cont regular	ALBANY TUE MEN'S	NY	88.05	cont regular grp
RON P.--ABM Auction	MA	168.00	04 ABM	ALEX P.	NY	40.00	cont regular indiv
SOMERVILLE SUN SOS (SERENITY ON SUNDAY)	MA	32.00	cont regular grp	ANONYMOUS--In Gratitude	NY	250.00	cont gratitude
SOMERVILLE SUN SOS (SERENITY ON SUNDAY)	MA	34.00	cont regular grp	AYANA P.	NY	25.00	cont regular indiv
SPRINGFIELD FRI	MA	50.00	cont regular grp	AYANA P.	NY	50.00	cont regular indiv
TERRENCE M.	MA	75.00	cont regular	AYANA P.	NY	75.00	cont regular indiv
TOM K.	MA	50.00	cont regular	BARBARA R.	NY	64.00	cont regular indiv
TOM K.	MA	50.00	cont regular	EASTHAMPTON SAT 'HOME'	NY	0.32	cont \$ leftover
TOM K.	MA	50.00	cont regular	ELLEN K.	NY	20.00	cont regular indiv
TOM K.	MA	50.00	cont regular	GREATER NEW YORK AREA INTERGROUP	NY	20.93	cont regular grp
TOM K.--ABM Auction	MA	145.00	04 ABM	GREATER NEW YORK AREA INTERGROUP	NY	150.00	cont regular grp
WAREHAM SUN STEP	MA	25.00	cont regular grp	GREATER NEW YORK AREA INTERGROUP	NY	438.00	cont regular grp
WAREHAM SUN STEP	MA	50.00	cont regular grp	KAREN G.	NY	5.00	cont regular indiv
WAREHAM WED	MA	60.00	cont regular grp	LOUIS D.	NY	30.00	cont regular indiv
WEST ROXBURY THU NEW BEGINNINGS	MA	15.00	cont regular grp	LOUIS D.	NY	36.00	cont regular indiv
WEST ROXBURY THU NEW BEGINNINGS	MA	150.00	cont regular grp	MARCOS M.	NY	52.99	cont regular indiv
WEYMOUTH SUN HOPE & RECOVERY	MA	150.00	cont fin. crisis	MELVILLE MON OPEN DISCUSSION	NY	40.00	cont regular grp
WEYMOUTH SUN HOPE & RECOVERY	MA	80.00	cont regular grp	NEW YORK FRI SEXUAL & EMOTIONAL ANORECTICS	NY	26.27	cont regular grp
WEYMOUTH SUN HOPE & RECOVERY	MA	100.00	cont regular grp	NEW YORK FRI SEXUAL & EMOTIONAL ANORECTICS	NY	29.00	cont regular grp
WILLIAM G.--In Gratitude for 7 Years of Recovery	MA	10.00	cont gratitude	NEW YORK FRI SEXUAL & EMOTIONAL ANORECTICS	NY	192.00	cont regular grp
WORCESTER FRI STEP	MA	87.00	cont regular grp	NEW YORK MON SEXUAL & EMOTIONAL ANOREXIA	NY	25.53	cont regular grp
WORCESTER FRI STEP	MA	186.00	cont regular grp	NEW YORK MON SEXUAL & EMOTIONAL ANOREXIA	NY	32.17	cont regular grp
WORCESTER MON BIG BOOK STUDY	MA	10.00	cont regular grp	NEW YORK MON SEXUAL & EMOTIONAL ANOREXIA	NY	33.37	cont regular grp
WORCESTER SAT WEEKEND GRP	MA	10.00	cont regular grp	NEW YORK MON SEXUAL & EMOTIONAL ANOREXIA	NY	118.00	cont regular grp
WORCESTER WED NEW HOPE	MA	32.00	cont regular grp	NEW YORK SAT OPEN BEGINNERS	NY	51.00	cont regular grp
BALTIMORE SUN	MD	137.00	cont regular grp	NEW YORK SUN FEELINGS QUALIFICATION	NY	21.32	cont regular grp
NORTHWOOD/SILVER SPRING MON	MD	100.00	cont regular grp	NEW YORK SUN MEN'S QUALIFICATION	NY	23.00	cont regular grp
SILVER SPRING WED BEGINNERS	MD	65.00	cont regular grp	NEW YORK SUN MEN'S QUALIFICATION	NY	123.80	cont regular grp
YVETTE H.	MD	0.38	cont \$ leftover	NEW YORK TUE WITHDRAWAL	NY	68.14	cont regular grp
BELFAST THU MEN'S GETTING CURRENT	ME	40.00	cont regular grp	NEW YORK WED MEN'S	NY	59.84	cont regular grp
BRUNSWICK SUN BOOK GRP	ME	22.00	cont regular grp	NEW YORK WED MEN'S	NY	0.06	cont Round-Up
BRUNSWICK SUN STEP	ME	56.30	cont regular grp	NEW YORK WED ROTATING TOPIC	NY	72.26	cont regular grp
PORTLAND MON	ME	36.00	cont regular grp	NEWTONVILLE WED WOMEN WINNERS	NY	80.00	cont regular grp
ANN ARBOR SUN & WED	MI	50.00	cont regular grp	PATCHOGUE WED WOMEN'S SLAA BY THE BAY--In honor of the Long Island Women's Groups.	NY	48.25	cont In Memoriam
KIRK K.	MI	50.00	cont regular	PATCHOGUE WED WOMEN'S SLAA BY THE BAY--In honor of Shelly & Cynde's Wedding!	NY	25.00	cont In Memoriam
KIRK K.	MI	50.00	cont regular	PATRICE C.	NY	0.50	cont \$ leftover
KIRK K.	MI	50.00	cont regular	PATRICE C.--ABM Auction	NY	22.00	04 ABM
MICHIGAN INTERGROUP	MI	25.00	cont regular grp	ROCK TAVERN WED & SAT	NY	0.16	cont regular grp
WATERFORD/PONTIAC TUE	MI	50.00	cont regular grp	SARATOGA SPRINGS SUN & FRI HOME STRETCH GRPS.	NY	45.83	cont regular grp
DETROIT LAKES TUE	MN	30.00	cont regular grp	AKRON THU COMMITMENT TO CHANGE	OH	48.00	cont regular grp
TUESDAY DETROIT LAKES	MN	251.60	cont regular grp	BEACHWOOD SUN	OH	35.00	cont fin. crisis
COLUMBIA SAT	MO	50.00	cont regular grp	CENTERVILLE SUN GETTING BETTER TOGETHER	OH	59.41	cont regular grp
COLUMBIA SAT	MO	100.00	cont regular grp	CHAGRIN FALL MON START UP	OH	81.00	cont regular grp
KANSAS CITY THU SHAME TO GRACE	MO	50.00	cont regular grp	CHAGRIN FALLS WED MID-WEEK OASIS	OH	40.00	cont regular grp
MICAH L.--ABM Auction	MO	10.00	04 ABM	CINCINNATI SAT EMOTIONAL STABILITY	OH	11.00	cont regular grp
ST. LOUIS MON FIRST MEETING	MO	67.00	cont regular grp	CLEVELAND FRI RETURN TO DIGNITY	OH	255.00	cont regular grp
ST. LOUIS MON FIRST MEETING--In gratitude (special raffle.)	MO	33.00	cont fin. crisis	CLEVELAND FRI RETURN TO DIGNITY	OH	262.00	cont regular grp
BOONE, NC MON STEP & THU MEN'S	NC	25.00	cont regular grp	CLEVELAND MON MIRACLE	OH	36.00	cont regular grp
RALEIGH FRI	NC	30.00	cont regular grp	CLEVELAND SUN	OH	250.00	cont regular grp
RALEIGH FRI	NC	113.86	cont regular grp	CLEVELAND SUN & MON MIRACLE	OH	347.00	cont regular grp
WATAULA SHARPS	NC	8.13	cont regular grp	CLEVELAND TUE	OH	90.00	cont regular grp
MATTHEW S.	NE	100.00	cont regular	DAVE M.	OH	7.00	cont regular indiv
WELLINGTON FRI	NEW ZEALAND	32.00	cont regular grp	DAVE M.	OH	54.25	cont regular indiv
WELLINGTON WED	NEW ZEALAND	39.00	cont regular grp	DAVE M.	OH	100.00	cont regular indiv
WELLINGTON WED	NEW ZEALAND	88.50	cont regular grp	DAVE M.	OH	100.00	cont regular indiv
CONCORD SUN BIG BOOK STEP STUDY	NH	13.25	cont regular grp	DAVE M.	OH	100.00	cont regular indiv
NATHAN W.	NH	0.35	cont \$ leftover	DAVE M.	OH	100.00	cont regular indiv
SALEM TUE ORIGINAL GRP	NH	0.11	cont \$ leftover	DAVE M.--ABM Auction	OH	179.00	04 ABM
CHERRY HILL FRI	NJ	32.15	cont regular grp	DEB W.--ABM Auction	OH	55.00	04 ABM
CHERRY HILL SUN	NJ	20.00	cont regular grp	GEORGE M.	OH	0.65	cont \$ leftover
CHERRY HILL SUN	NJ	50.00	cont regular grp	MIDDLEBURG HEIGHTS WED NEW LIFE	OH	76.00	cont regular grp
GIBBSBORO MON	NJ	18.00	cont regular grp	NORTHEAST OHIO INTERGROUP	OH	102.00	cont regular grp
MARGARITA S.--On-line Meeting Contribution	NJ	20.00	cont regular	PAULA C.	OH	10.00	cont regular indiv

Fellowship-Wide Services says Thank You!

Contribution Summary. (June-Sept., 2004) *continued*

Name/Group	State/Country	Amount	Reason	Name/Group	State/Country	Amount	Reason
STRONGSVILLE TUE	OH	60.00	cont regular grp	WARWICK SUN SERENITY	RI	29.15	cont regular grp
THOMAS M.	OH	50.00	cont regular	WILLIAM D.	SC	50.00	cont regular indiv
VANDALIA POLK GROVE MON	OH	50.00	cont regular grp	PETER O.	SWEDEN	50.00	cont regular indiv
OKLAHOMA CITY TUE & FRI	OK	30.00	cont regular grp	PETER O.	SWEDEN	50.00	cont regular indiv
OKLAHOMA CITY TUE & FRI	OK	30.00	cont regular grp	PETER O.	SWEDEN	50.00	cont regular indiv
OKLAHOMA CITY TUE & FRI	OK	810.00	cont regular grp	PETER O.	SWEDEN	50.00	cont regular indiv
ASHLAND WED	OR	58.00	cont regular grp	RUBEN V.	THE	31.96	cont regular indiv
PORTLAND MON MIXED	OR	28.70	cont regular grp	MEMPHIS SAT WOMEN'S	TN	5.74	cont regular grp
PORTLAND THU	OR	40.00	cont regular grp	MEMPHIS TUE NOON	TN	30.00	cont regular grp
AMBLER FRI	PA	35.00	cont regular grp	TERRY P.	TN	0.15	cont \$ leftover
AMBLER FRI	PA	40.00	cont regular grp	AUSTIN SAT & SUN STEP	TX	40.00	cont regular grp
AMBLER WED PROGRESS NOT PERFECTION	PA	64.00	cont regular grp	EMILY H.	TX	0.28	cont \$ leftover
BETHLEHEM THU	PA	25.00	cont regular grp	GLENN F.	TX	100.00	cont regular indiv
BRYN MAWR SUN	PA	100.00	cont regular grp	GRACE Z.--ABM Auction	TX	55.00	04 ABM
CYNTHIA M.	PA	0.50	cont \$ leftover	HOUSTON SAT EARLY MORNING MEN'S	TX	190.00	cont regular grp
DOYLESTOWN TUE STEP	PA	144.67	cont regular grp	HOUSTON THU MEN'S	TX	82.50	cont regular grp
EAST STROUDSBURG TUE	PA	20.00	cont regular grp	KIM S.--MRC Reimbursement	TX	100.00	cont regular indiv
ED F.--ABM Auction	PA	395.00	04 ABM	MICHAEL G.	TX	7.00	cont regular indiv
GREATER DELAWARE VALLEY INTERGROUP	PA	24.40	cont regular grp	ODESSA THU	TX	2.87	cont regular grp
HECKTOWN-DRYLAND MON TOPIC DISCUSSION	PA	45.00	cont regular grp	SARAH A.--ABM Auction	TX	10.00	04 ABM
LAFAYETTE HILL MON	PA	40.00	cont regular grp	ZACH B.	TX	0.25	cont \$ leftover
LANCASTER THU LUNCH BUNCH	PA	26.35	cont regular grp	ANONYMOUS	UNITED KINGDOM	10.00	cont regular indiv
LEHIGH VALLEY INTERGROUP	PA	125.00	cont regular grp	ANONYMOUS--For S.L.A.A. Unity!	UNITED KINGDOM	10.00	cont regular indiv
NED M.--In Memoriam of my Father	PA	500.00	cont fin. crisis	BETTY W.	UT	50.00	cont regular indiv
NEIL M.--ABM Auction	PA	180.00	04 ABM	JAMES B.	UT	20.00	cont regular indiv
NEIL M.--PIC Reimbursement	PA	170.00	cont regular	CHARLOTTESVILLE MON ANOREXIA	VA	25.00	cont regular grp
NEW CUMBERLAND TUE	PA	1,083.83	cont regular grp	FALLS CHURCH MON	VA	11.57	cont regular grp
NORTHUMBERLAND WED	PA	40.00	cont regular grp	FALLS CHURCH SUN WOMEN'S	VA	47.00	cont regular grp
NORTHUMBERLAND WED & SUNBURY SAT AM	PA	10.00	cont regular grp	JOHN C.--ABM Auction	VA	80.00	04 ABM
PAOLI SAT	PA	15.58	cont regular grp	WINOOSKI/BURLINGTON SUN LAST RESORT GRP	VT	96.00	cont regular grp
PAOLI SAT	PA	86.02	cont regular grp	DANIELLE P.--ABM Auction	WA	1,060.00	04 ABM
PAOLI WED	PA	48.00	cont regular grp	EVERETT WED	WA	75.00	cont regular grp
PHILADELPHIA MON & THU 12:30	PA	30.00	cont regular grp	PORT ANGELES MON	WA	110.00	cont regular grp
PHILADELPHIA MON NOON DISCUSSION	PA	108.05	cont regular grp	SEATTLE FRI I LOVE MYSELF TODAY	WA	97.00	cont regular grp
PHILADELPHIA MON, TUE, WED, THU & FRI NEW LEAF	PA	75.00	cont regular grp	SEATTLE INTERGROUP	WA	100.00	cont regular grp
PHILADELPHIA MON, TUE, WED, THU & FRI NEW LEAF	PA	130.00	cont regular grp	SEATTLE THU INTO LIFE	WA	33.00	cont regular grp
PHILADELPHIA SAT SEEDS OF WHOLENESS	PA	64.00	cont regular grp	JOAN S.--Thank You	WI	25.00	cont gratitude
PHILADELPHIA SUN	PA	65.00	cont regular grp	ANONYMOUS		10.00	cont regular indiv
PHILADELPHIA THU	PA	120.60	cont regular grp				
PHILADELPHIA WED	PA	24.00	cont regular grp				
PHILADELPHIA FRI 2 HATTER	PA	91.95	cont regular grp				
ROBERT S.	PA	0.25	cont regular				
SCRANTON WED, SAT & THU, HOPE & THU GOOD SHEPARD	PA	50.00	cont regular grp				
SCRANTON WED, SAT & THU, HOPE & THU GOOD SHEPARD	PA	61.00	cont regular grp				
SCRANTON WED, SAT & THU, HOPE & THU GOOD SHEPARD	PA	420.00	cont regular grp				
SCRANTON WED, THU, SAT	PA	7.30	cont regular grp				
STATE COLLEGE THU & SUN	PA	95.00	cont regular grp				
STEVE S.--ABM Auction	PA	185.00	04 ABM				
SUNBURY SAT AM	PA	40.00	cont regular grp				
WALLINGFORD SUN AFTERNOON FREEDOM BEGINNERS	PA	50.00	cont fin. crisis				
WESTERN PENNSYLVANIA INTERGROUP	PA	300.00	cont regular grp				
ANONYMOUS	RI	50.00	cont regular				
BOB R.	RI	0.50	cont \$ leftover				
BOB R.	RI	60.00	cont regular				
BOB R.	RI	150.00	cont regular				
BOB R.--ABM Auction	RI	291.00	04 ABM				
JOHN B.	RI	13.40	cont regular				
JOHN B.	RI	100.00	cont regular				
PROVIDENCE FRI NITE	RI	195.00	cont regular grp				
PROVIDENCE MON	RI	40.00	cont regular grp				
PROVIDENCE MON	RI	40.00	cont regular grp				
PROVIDENCE THU	RI	10.00	cont regular grp				
PROVIDENCE THU	RI	25.00	cont regular grp				
PROVIDENCE THU	RI	100.00	cont regular grp				
PROVIDENCE TUE & THU SUNRISE SERENITY	RI	15.00	cont regular grp				
PROVIDENCE TUE & THU SUNRISE SERENITY	RI	20.92	cont regular grp				
PROVIDENCE TUE & THU SUNRISE SERENITY	RI	27.40	cont regular grp				
PROVIDENCE WED NEW BEGINNINGS	RI	26.00	cont regular grp				
WARWICK SUN SERENITY	RI	8.50	cont regular grp				
WARWICK SUN SERENITY	RI	16.07	cont regular grp				
WARWICK SUN SERENITY	RI	20.55	cont regular grp				

When making contributions, please be sure to clearly mark how you would like them attributed. If your contribution is not listed or has been misattributed, please let us know so that it can be corrected!



**Fellowship-Wide
Services
says
Thank You!**

Upcoming Retreats & Conferences.

New England Intergroup of Sex and Love Addicts Anonymous

P.O. Box 1375 Brookline, MA 02446-0011
24 Hour Answering Service / Information: (617) 625-7961

S.L.A.A. 12 Step Weekend Retreat

In Chester, Vermont (2 1/2-3 hours from Boston)

**Friday, December 17 through
Sunday, December 19, 2004**

Questions? You can e-mail "Ted" at vtweekend@slaanei.org, or call New England Intergroup at 617-625-7961 and leave a message for "Ted". Make sure you reference the Step Weekend in your message. Visit www.slaanei.org to download the registration form.

**Step study is a key tool to recovery in the
S.L.A.A. program.**

**At the retreat weekends we do an intensive
study of the 12 Steps -- *together*.**

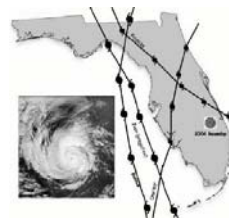
If you have worked on the Steps in this type of format before, you already know its value. If you have not done any study of the Steps, intensive or otherwise, this is a great way to do it, especially the first time. Regardless of where we are in the Step study process, we are able to learn from sharing our experience, strength and hope with each other.

13th Annual Florida Roundup

We Were TRULY Powerless

DATE & LOCATION CHANGE:

Come join us for a weekend of recovery at the Quality Inn Conference Center, Sebring, Florida,
Oct. 29-31, 2004



**REGISTRATION BEGINS: FRIDAY, 5 P.M.
PROGRAM CONCLUDES: SUNDAY, NOON**
Choose from a broad array of events:

- Insightful meetings and workshops
- The camaraderie of others in recovery
- A wonderful Saturday night banquet
- A guest speaker
- A live auction!!!

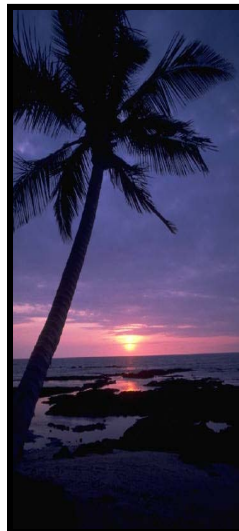
Questions? Call the event committee at (727) 896-SLAA or email



get involved

There are many service committees to which you can offer your talents, from **event planning** to **finances** to **prison outreach**.

Contact the F.W.S. Office for a complete list of Conference committees. Board Committees are listed on Page 3.



LOS ANGELES INTERGROUP PRESENTS:

8th Annual S.L.A.A. Spiritual Retreat

Malibu, California
November 26-28, 2004

Planned Events Include

- Workshops & small-group sharing
- A recovery panel
- Keeping current meetings
- Group activities

Visit www.slaafws.org/local.html to download the flyer to this event.

F.W.S. Financial Update.

Below you will find the 2004-2005 F.W.S. budget as approved by the BOT on 9/25/2004. The budget is broken down by **income**, cost of goods sold (**COGS**), and **expenses** including salaries, benefits, taxes, office related, and so on.

This year the Board Finance & Operating Committee (BF&OC) worked with F.W.S. to come up with a flat budget — that is, no anticipation that we will be getting more than we did in 2003-2004 in the various revenue line items. The only exceptions to this would be in 5 line items:

Line Item:	Basic Text Sales
Amount/Percentage:	\$10,410.00/9%
Reason:	Book cost increase projections based on last year's sales.
Line Item:	Medallions/Chips
Amount/Percentage:	\$465.00/1%
Reason:	New Step 1 Chips just became available/projection based on current stock of 1000 chips.
Line Item:	Pamphlets
Amount/Percentage:	\$2,750.00/4%
Reason:	Distribution of newly Conference-Approved <i>Renewal of Sobriety</i> pamphlet.
Line Item:	Tapes/CDs
Amount/Percentage:	\$2,000.00/27%
Reason:	1) Increase in price of Basic Text in audio version and 2) New tapes/CDs from planned Recovery Convention.
Line Item:	Contributions
Amount/Percentage:	\$2,222.00/2%
Reason:	Traditionally we have received an average of a 20% increase in contributions from year to year.

COGS and Expenses also have relatively flat projections. Due to the fact that F.W.S. has cut expenses by eliminating a staff position and changing office hours as well as other cost saving measures, there is only a 1% increase in expenses for 2004-2005.

It is our hope that with the new products available and expense cutting done this year, F.W.S. can begin to get back on track and meet its financial obligations without a lot of loss to services to the addicts who still suffer.

The BF&OC has created an ad hoc committee to look at various ways to improve the Fellowship's financial situation including working with groups to grow their meetings and develop new products for our membership and the addict who still suffers. Any ideas you might have would be greatly appreciated.

Also note, that monies are not spent if they are not there. I work with the BF&OC to ensure that the budget is met--whether that means cutting expenses or finding ways to achieve our goals. With the lack of prudent reserve available to us at this point, this is especially true and with the help of the BF&OC Fundraising Ad Hoc Committee, hopefully we will begin to build the required prudent reserve (recommended 1 year operating expenses) so necessary in running a business such as ours.

We depend on the membership to help us in this task. We are optimistic based on the fact that our membership has been overwhelmingly supportive and assists us in our goal to continue our work.

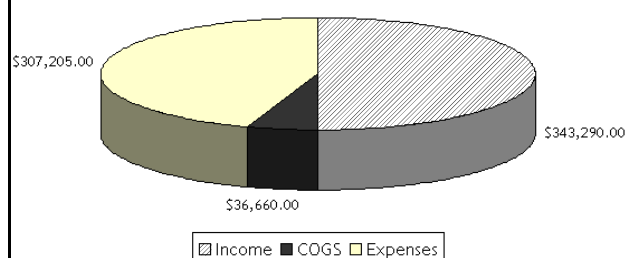
If you have any questions about the numbers you can contact me, or any of the BF&OC members through the F.W.S. office.

It is so important that everyone know how we are all connected. Please share this information with your groups and fellow addicts.

Jenny Rose Ward
Executive Director, F.W.S.

Please see financial charts on next page for the 2004-05 Budget, Revenue Breakdown and Expenses Breakdown.

2004-2005 FWS Budget

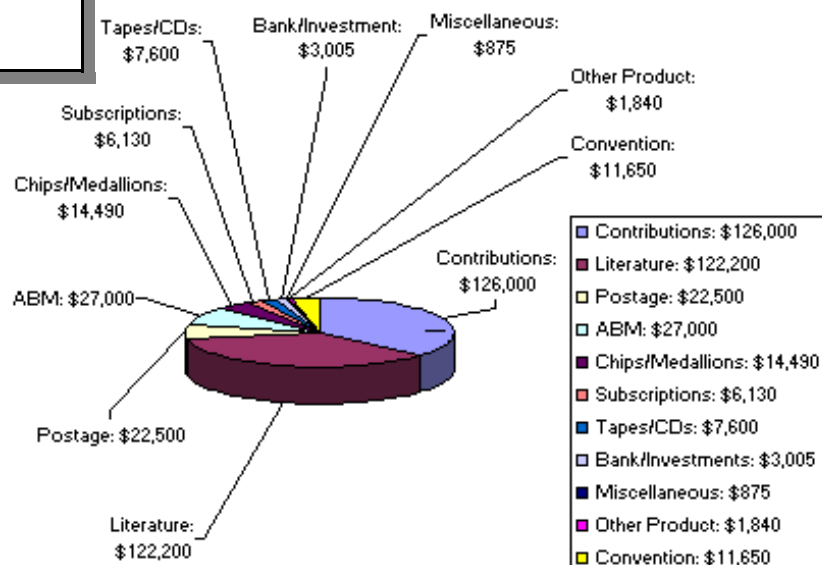


F.W.S. Thermometer and monthly contributions breakdown for the 2003-2004 fiscal year on Page 16.

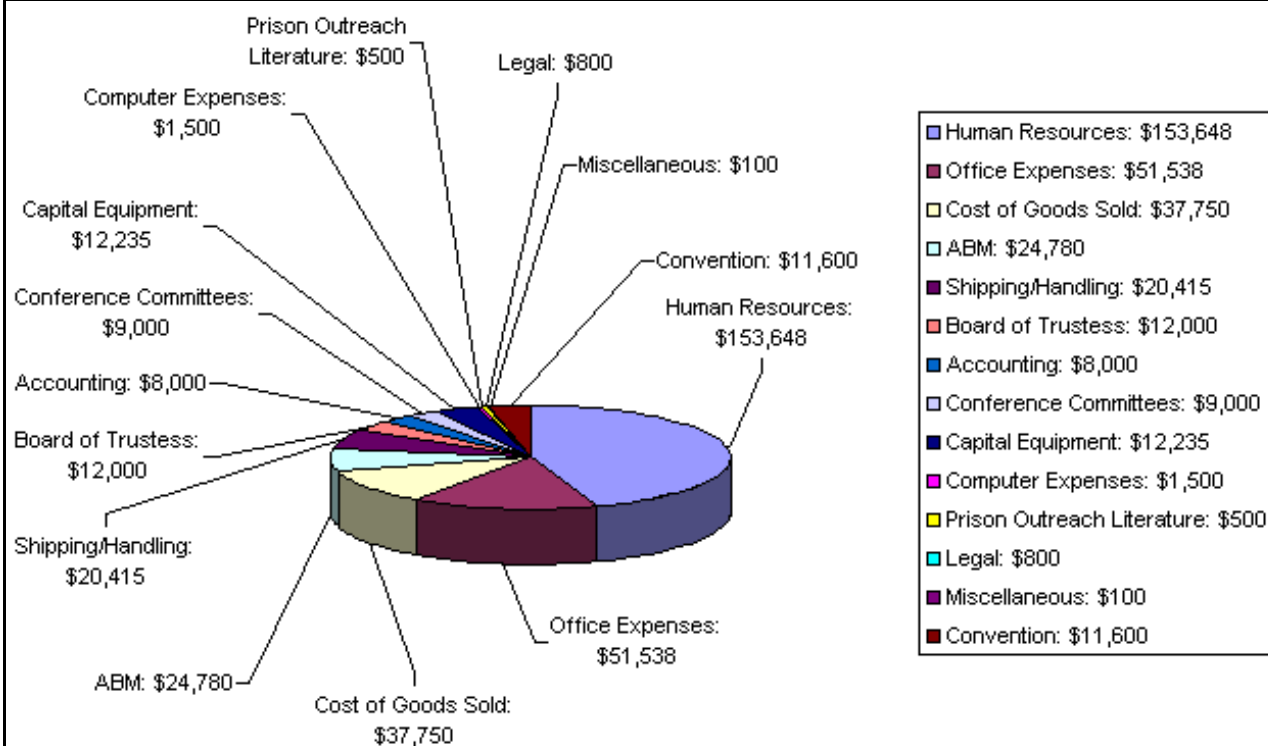
The Augustine Fellowship Endowment Fund Update

June - September 2004

Anonymous: \$12,292.00
To-Date Total: \$57,122.95



2004-2005 Revenue Breakdown: \$343,290



2004-2005 Expenses Breakdown: \$343,866

Office Corner.

Thank You, Volunteers!

During this period, we received in-kind donations from our wish list!!!

Scanner: *Irv B., CT*

Scanner: *Bob R., RI*

Paper Folder: *Anne K., MA*

Paper Folder: *Irv B., CT*

We connected both scanners to computers in the office. It has helped upload paper documents and images to send them all over the world.

The paper folder has saved us many work hours (and paper cuts!) from manually folding thousands of pamphlets and flyers.

June Bulk Mailing

Kim, MA • Tom K., MA • Wayne A., CT

Heartfelt thanks to those of you whom we missed! Please sign in at the guest book at our next bulk mailing.

Annual Business Meeting

Charlotte • David S., MA • Deb F., MA • Jim N., MA • Jose P., MA • Kenn C., MA • Lisa P., MA • Thom J., RI • Tom K., MA • Wayne A., CT

If you would like to visit or volunteer for the office, we would love to see you!

Call us at 781-255-8825 or visit www.slaafws.org/volunteer

Next Bulk Mailing: January, 2005.

F.W.S. Wish List

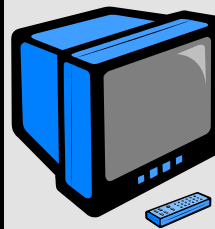
LCD Monitors

Space-saving and energy-efficient LCD monitors would give staff more desk area to work with, as computer equipment currently takes up about a third of each of our individual work stations.



TV/VCR

This would enable the staff to watch S.L.A.A. public information and educational videos, such as one currently gathering dust on our shelves that promotes optimism and positivity in the workplace.



Contributions Breakdown

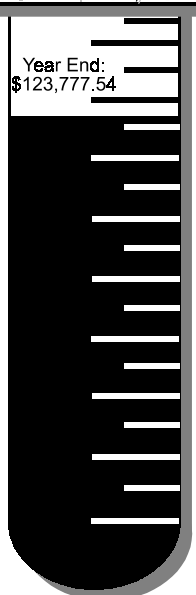
(See Thermometer for Our Goal!)

October	2003:	\$10,965.74
November	2003:	\$ 5,617.45
December	2003:	\$10,001.41
January	2004:	\$30,892.83
February	2004:	\$ 7,712.74
March	2004:	\$ 7,220.60
April	2004:	\$ 4,220.68
May	2004:	\$ 5,066.44
June	2004:	\$ 6,175.65
July	2004:	\$16,280.76
August	2004:	\$11,689.67
September	2004:	\$ 7,933.53

Contributions

GOAL: \$157,252

Year End:
\$123,777.54



Meeting Changes.

Newly Registered Meetings

Canada

British Columbia - Victoria Tue
Ontario - Kingston Sun Women in Recovery

Denmark

Aarhus Mon
Copenhagen Sun

Germany

Bad Groenenbach Sun Clinic Group
Bad Groenenbach Thu Clinic Group
Bad Herrenalb Tue Clinic Group
Frankfurt Fri Freedom Group
Frankfurt Thu
Kassel Thu
Konstanz Fri Lebenskraft
Landau Mon Frauen
Meunchen Sat Workshop
Meunster 2nd & 4th Fri
Oberstdorf Fri Clinic Meeting
Tuebingen Thu
Wiesbaden Sat Workshop

Ireland

Leeds Sun

Italy

Bologna Fri In Cammino
Italy Intergroup

Netherlands

Amsterdam Mon Big Book

Sweden

Jonkoping Thu

United States

Arizona - El Mirage Fri Finest Hour
Arizona - Flagstaff Thu Noon Unity
Arizona - Scottsdale Mon S.W.A.N.
California - Azusa Tue
California - Encinitas Fri
California - Hacienda Heights Wed Focus on Downloading
Florida - Coral Gables Fri Women's
Florida - Miami Mon Lambda Dade S.L.A.A.
Idaho - Ketchum Sun Valley S.L.A.A. Serenity Seekers
Idaho - Ketchum Wed Valley S.L.A.A. Serenity Seekers

Indiana - Carmel Thu
Massachusetts - Jamaica Plain Sun Anorexia
Massachusetts - Springfield Wed Stepping Thru Gentle Path
Michigan - Rochester Thu
New Jersey - Cape May Sat Court House
New Mexico - Albuquerque Sat
North Carolina - Wilmington Thu Keep It Simple
Ohio - Chagrin Falls Mon Start Your Engines
Pennsylvania - Scranton Wed Co-S.L.A.A.
Texas - Denton Thu Up the Steps
Washington - Kirkland Tue Women's Brown Bag
Wisconsin - Reedsburg Mon Free at Last

Disbanded Meetings

Australia

Victoria - Box Hill/Melbourne Tue H.O.W. Concept

Switzerland

Kreuzlingen Thu Lebenskraft

United Kingdom

Norfolk - Norwich Sun Step by Step
London / Clapham Tue Focus

United States

Arizona - Tucson Thu Women's
California - West Hollywood Fri Focus on Recovery
Connecticut - Guilford Wed Shoreline Honest Open & Gentle
Colorado - Denver Mon Sober Surfers
Florida - Gainesville Thu
Massachusetts - Boston Tue Steps
Massachusetts - Jamaica Plain Sun Anorexia
Massachusetts - West Roxbury Tue True Ambition
New Hampshire - Exeter Sat Co-S.L.A.A.
New Mexico - Albuquerque Sat
North Carolina - Wilmington Tue Keep It Simple
Wisconsin - Madison Mon
Wisconsin - West Bend Thu

Online Meetings

Sun 9pm ET in SLAA
Mon-Fri Women's at 7:30pm ET in SLAA
Sat & Sun Noon ET in SLAA

(Tradition Four, Continued from page 5)

conference approved literature.

- At another group, a member asked the group to allow his professional therapist/counselor to attend the meeting twice a month to discuss treatment services he could provide.
- A local group considered adding (4) more steps to the original (12).
- I recall a situation when a member of a meeting wanted to show a movie during the meeting that related to addiction and recovery.

In these situations, I actually saw or heard of how groups were able to find answers/guidance from the 12-Traditions. In each of the above situations

had the groups allowed these to happen these would have an affect on other groups or S.L.A.A. as a whole.

I am very grateful that S.L.A.A. groups have the 12-Traditions. By groups using these, I have been able to get "*the tools*", I've needed to stay sober. I also feel confident that the addicts who still suffer and find S.L.A.A., have a chance to find "*the tools*"

In fellowship, recovery and sobriety,

**Kenn C.
Massachusetts**

Reprinted from September 2001 F.W.S. Newsletter

Anorexia Survey Question.

The following question is being distributed by the Conference Anorexia Committee. The F.W.S. Office will be sending out the English version with orders. If your/your group's primary language is one of the other four options below, please make copies of this question for distribution.

ENGLISH: After your acting out and bottom line behaviors stopped and withdrawal was completed, how did you get back into appropriate activities? Did you have trouble with anorexia during this time?

GERMAN: Nach dem du aufgehört hattest dein süchtiges Grundverhaltensmuster auszuleben und der Entzug überstanden war, wie und wann hast du zu angemessenem Verhalten zurückgefunden? Bitte beschreibe diesen Prozess. Hattest du Schwierigkeiten mit Anorexie (sexuell, emotional oder sozial) in dieser Zeit?

ITALIAN: Dopo aver smesso di praticare il tuo comportamento malsano di fondo e le tue abitudini insane, e dopo che il "withdrawal" (ritiro) è stato portato a termine, in quali modi sei tornato/a a praticare attività salutari? Ti sei trovato/a in difficoltà con l'anoressia in questo periodo?

PORTUGUESE: Depois que seus padrões doentios pararam e ao terminar a síndrome de abstinência, como você voltou para atividades saudáveis? Você teve algum problema com a anorexia durante esse tempo?

SPANISH: Después de qué sus actitudes y conductas del activo se detuvieron, y su etapa de síndrome de abstinencia fue completada, ¿cómo regreso usted a sus actividades saludables? ¿Tuvo problemas con la anorexia durante ese período de tiempo?

Use multiple pages if needed. Please email responses to slaafws@slaafws.org OR mail to
Conference Anorexia Committee
c/o F.W.S.
P.O. Box 338
Norwood, MA 02062-0338 U.S.A.



Subscribe to F.W.S. News!

Domestic & Foreign Rates

Note: All groups with a contact address on file with F.W.S. receive a complimentary copy quarterly.

Individuals

- ☐ One year subscription \$5.00

Groups

- ☐ One specific issue \$6.50
(1 issue, 10 copies)
- ☐ One year subscription \$26.00
(10 copies per issue)

Payment Method:

- ☐ Cash ☐ Check ☐ Money Order ☐ VISA ☐ MasterCard

Mail to: _____

Tel #: _____ Order Date: ____/____/____

Credit/Debit Information Below

Card#: _____ Exp. Date: ____/____

IF DIFFERENT FROM SHIPPING:

Bill to: _____

Return this form to
F.W.S., P.O. Box 338, Norwood, MA 02062-0338 USA
Tel: (001) 781-255-8825 / Fax: (001) 781-255-9190
Email: slaafws@slaafws.org

(New Board Members, Continued from page 7)

fellowship showed me a level of recovery that I didn't know existed. The idea that my life did not have to be run by sex or by a primary relationship was an unknown concept.

For me, recovery from sex and/or love addiction is graduate school recovery. A. A. started me on the road to health and I would be dead if I hadn't gotten sober when I did. S.L.A.A. recovery provides me with a connection to my higher power and myself that I had not previously experienced. Although I had already worked the Steps several times, the results of re-working them while sexually sober were nothing short of astonishing. I owe my sanity to S.L.A.A. My higher power is kind enough to remind me every once in a while that my grasp on sanity isn't permanent - I only have a daily reprieve contingent on the maintenance of my spiritual condition.

I started doing service early in A.A. and the same is true when I joined S.L.A.A. I was a member of Intergroup, started a meeting, and sponsored others. When I moved to San Diego in 1995, I also became active in S.L.A.A. service. My plan (hah!) was that I would run for a delegate or a Board position when I was more settled in my new career as an attorney (another gift of the program). But H.P. had different plans and now I find myself as the fellowship's newest Board member.

Each Board member is assigned a Board committee - I am a member of the Board Governance & Nominating Committee. That committee focuses on the internal activities and procedures of the Board of Trustees to ensure its long-term effectiveness. Also, I am the Board liaison to the Conference Diversity, Interfellowship, and Intergroup Committees. So I have a lot to learn!

If not already clear from the above, I am thrilled to be able to be of service to the fellowship this way. The life I live today, and the quality of my relationship with my domestic partner, are direct results of my participation in S.L.A.A., sobriety, and service. Furthermore, this is a very exciting time to be a member of a fellowship that can provide so much hope to so many potential new members. ■

DEADLINES

January 2005 F.W.S. News & Bulk Mailing

- **11/29/2004** article submissions are due
- **12/17/2004** announcements for the F.W.S. Newsletter are due
- **12/31/2004** flyers copied by us to be included in the Bulk Mailing
- **01/07/2005** flyers provided by you to be included in the Bulk Mailing
- **01/15/2005** Bulk Mailing

RENEWAL OF SOBRIETY

Now introducing compilations of personal stories from *the Journal* focusing on withdrawal and healthy relationships. How do others overcome the withdrawal in their recovery? How do you change your addictive patterns and take things one day at a time? How will I ever be in a healthy relationship again?

Both booklets are the same price of the Anorexia compilation: \$5/each.

COMING SOON:

Higher Power

Steps & Traditions

... and more!

HEALTHY RELATIONSHIPS & WITHDRAWAL BOOKLETS

The long-awaited Pamphlet is Here!

Unanimously Approved! The *Renewal of Sobriety* was UNANIMOUSLY APPROVED by S.L.A.A. Conference members at the 2004 Annual Business Meeting. This literature provides a tool for S.L.A.A. members who have had a slip or those who are struggling to maintain their bottomlines.

Fellowship-Wide Service's Goal: The *Renewal of Sobriety* is expected to arrive in the office next week. Our goal is to sell 1,500 copies by the end of November. If every group ordered just one copy, we would be well on our way -- or, *better yet*, let's have each individual member reading this order at least one copy! It is a pamphlet you will not want to miss out on!

Order
Yours
Now!

Order & Contribute

Qty.	Item #	Description	Cost	Total
	PAM-016	Renewal of Sobriety	\$1.00	
	JOUR003-02	Withdrawal Topics	\$5.00	
	JOUR003-03	Healthy Relationships Topics	\$5.00	

Subtotal: =

10% Discount on 101+ Pamphlets -

Shipping/Handling (see table on right): +

Subtotal: =

Contribution Round Up: +

Regular Contribution: +

TOTAL

If you choose to **round up your order total**, the funds will be marked as a *tax-deductible* contribution to the *Fellowship-Wide Services* office.

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