

# Carry the message

Step 12 in S.L.A.A. says:

*"Having had a spiritual awakening as the result of these steps, we tried to carry this message to sex and love addicts, and to practice these principles in all areas of our lives."*

## Tell your story!

The Journal is a meeting in a magazine. It can be used:

- To read at meetings
- To find experience, strength and hope while on vacation
- To read with sponsees
- To stay connected to the program

Submit your article or answer the Question Of The Day  
(see reverse side)

---

## THE JOURNAL THEMES AND DEADLINES FOR 2023

Submit your writing at [www.slaafws.org](http://www.slaafws.org)

Issue #	Month	Theme	QOD	Submission deadline (articles and QOD)
#203	July/Aug *ABM Issue*	Self-Love as a Tool in Recovery	"How have you learned to love yourself? Combatting insecurity, self-sabotage, and self-destructiveness." Answer on Google form: <a href="https://forms.gle/1rJw3BiAMehUuep86">https://forms.gle/1rJw3BiAMehUuep86</a>	May 15, 2023
#204	Sept/Oct	Messages of Recovery	"What is your go to passage from 12-Step literature, recovery slogan or saying when things are tough and why?" Answer on Google form: <a href="https://forms.gle/XMcV1XTAu2t98Gxt6">https://forms.gle/XMcV1XTAu2t98Gxt6</a>	July 15, 2023
#205	Nov/Dec	The Struggle with Aging	"How have you dealt with staying sober while aging? (For example: feelings of running out of time; taking time off of dating when you are in the years of wanting children; feeling like you are losing your vitality or good looks as you wait.)" Answer on Google form: <a href="https://forms.gle/BbNzRvgD3AFAUrRA9">https://forms.gle/BbNzRvgD3AFAUrRA9</a>	Sept. 15, 2023
#206	Jan/Feb	Sponsoring	"How has sponsoring helped you in recovery?" Answer on Google form: <a href="https://forms.gle/X8q5G4p7xW4pGXwx6">https://forms.gle/X8q5G4p7xW4pGXwx6</a>	Nov. 15, 2023

\*\* The ABM Issue is the issue that goes to the delegates at the Annual Business Meeting

---