

Carry the message

Step 12 in S.L.A.A. says:

"Having had a spiritual awakening as the result of these steps, we tried to carry this message to sex and love addicts, and to practice these principles in all areas of our lives."

Tell your story!

The Journal is a meeting in a magazine. It can be used:

- To read at meetings
- To find experience, strength and hope while on vacation
- To read with sponsees
- To stay connected to the program

Submit your article or answer the Question Of The Day
(see reverse side)

THE JOURNAL THEMES AND DEADLINES FOR 2025

Submit your writing at www.slaafws.org

| Issue # | Month | Theme | QOD | Submission deadline (articles and QOD) |
|---------|----------------------|---|---|--|
| #214 | May/June | Life Stressors and Grief | How do you cope with grief and other large life stressors while living sober? https://forms.gle/PwqRypoSSk3xebC29 | March 15, 2025 |
| #215 | July/Aug *ABM Issue* | Sponsorship | What makes it work? What challenges have you faced? https://forms.gle/SnxQmHW1B5X7ZWSQA | May 15, 2025 |
| #216 | Sept/Oct | Codependency | Please describe how codependency has been an ingredient in sex and love addiction for you. https://forms.gle/K5SSDCYZQmbwc9xU8 | July 15, 2025 |
| #217 | Nov/Dec | Stalking | Have you experienced and or been a stalker? How has S.L.A.A. helped you recover? https://forms.gle/Y1d8yfzyJ43r6gkR9 | Sept. 15, 2025 |
| #218 | Jan/Feb | BDSM (bondage, discipline (or domination), sadism, and masochism) | Is BDSM a bottom-line or accessory behavior* for you? How did you recover from your addiction to BDSM? *see "Setting Bottom Lines" pamphlet. https://forms.gle/2WZoNoxv9yvEB6az8 | Nov. 15, 2025 |

** The ABM Issue is the issue that goes to the delegates at the Annual Business Meeting
